

WHAT TO BRING/**NOT ALLOWED**

All liquid items must be **NEW**, unopened and seals unbroken!!

- 1) All Doctor prescribed medication: with your name on the label/not expired
 - a. 30-day supply
 - b. Medications must be turned over to staff who will monitor and dispense as prescribed and at the dosages required
- 2) Over the counter medications: cold medicine, pain relievers, antacids
 - a. Must be in pill form
- 3) Photo ID/Birth certificate, Insurance card and social security card
- 4) Up to 7 days of clothing (small suitcase/bag)
 - a. Shorts must be no shorter than 2 inches above the knee
 - b. **NO attire slogans that may be offensive or inappropriate in a treatment facility**
 - c. **NO low cut, see-through clothing/tank tops/ excessively tight or loose clothing, crop tops, halter tops, spaghetti straps, uncovered sports bras and muscle shirts**
- 5) Shoes, Shower shoes, Slippers/flip-flops, boots
 - a. **NO high heels**
- 6) Shampoo, conditioner, body wash (liquid or gel only)
- 7) Feminine hygiene/Cosmetics products if necessary
- 8) Pillow, blankets
- 9) Towels and Washcloths
- 10) Spiral notebooks, pens with clear barrels
- 11) Coloring books, color pencils, books (optional)
- 12) Tobacco product's (30 day supply)
 - a. Smoking is not allowed inside facility. Only in designated smoking area outside.
 - b. **NO E-cigarettes/vaping pens**
- 13) **NO electronics**
 - a. **NO Cell phones, cameras, computers, I-pods, kindles, I-pads, alarm clocks, MP3, lamps, etc.**
- 14) **NO pets**
- 15) **NO weapons of any kind**
 - a. If brought to RESADA: Will be confiscated and turned over to the Bent County Sherriff's Department
- 16) **NO OUTSIDE FOOD/DRINKS**

RESADA has a snack/pop machine- no debit cards only Cash